



# THE 45 AND UP STUDY

Research to improve health and wellbeing

## **DATA BOOK**

## **AUGUST 2008 DATA SET**

*All results presented in this report are based on the dataset for the first 103,042 individuals recruited to the 45 and Up Study cohort. Tabulations have been prepared on all key fields from the baseline questionnaires completed by these individuals. Please note that the data presented in this report have been through a partial cleaning process only. Therefore, the figures presented should be considered preliminary and not for citation or publication. Coding of free text responses has not been completed and so are not included in this report.*

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## TABULATIONS OF DATA

Gender	%	
Male	49316	47.8
Female	53726	52.1
<b>Total</b>	<b>103042</b>	<b>100</b>

Volunteer in Study	Male	% of Male	Female	% of Female	Total
No	48908	99.2	53023	98.7	101931
Yes	408	0.8	703	1.3	1111
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

Quintile of Index of Relative Socioeconomic Disadvantage	Male	% of Male	Female	% of Female	Total
1st Quintile <i>(least disadvantaged)</i>	10791	21.9	10796	20.1	21587
2nd Quintile	8744	17.7	9725	18.1	18469
3rd Quintile	11120	22.5	12282	22.9	23402
4th Quintile	12093	24.5	13747	25.6	25840
5th Quintile <i>(most disadvantaged)</i>	6568	13.3	7176	13.4	13744
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

Q1 - Age	Male	% of Male	Female	% of Female	Total
49 or younger	4678	9.5	7927	14.8	12605
50-59	14750	29.9	19174	35.7	33924
60-69	14009	28.4	14486	27.0	28495
70+	15879	32.2	12139	22.6	28018
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

Q3 - Height	Male	% of Male	Female	% of Female	Total
<150 cm	65	0.1	1531	2.8	1596
150-155 cm	202	0.4	6641	12.4	6843
155-159 cm	491	1.0	8590	16.0	9081
160-165 cm	2059	4.2	14674	27.3	16733
165-169 cm	5566	11.3	11079	20.6	16645
170-175 cm	10448	21.2	5585	10.4	16033
175-179 cm	13157	26.7	1907	3.5	15064
180-185 cm	9924	20.1	309	0.6	10233
185+ cm	5054	10.2	142	0.3	5196
Missing/invalid	2350	4.8	3268	6.1	5618
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q4 - Weight</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0-54kg	455	0.9	5828	10.8	6283
55-59 kg	721	1.5	6021	11.2	6742
60-64 kg	2140	4.3	8628	16.1	10768
65-69 kg	3667	7.4	7737	14.4	11404
70-74 kg	5777	11.7	6385	11.9	12162
75-79 kg	6707	13.6	5021	9.3	11728
80-84 kg	7463	15.1	3833	7.1	11296
85-89 kg	5839	11.8	2544	4.7	8383
90-99 kg	8571	17.4	3075	5.7	11646
100-110 kg	3670	7.4	1307	2.4	4977
110+ kg	2548	5.2	933	1.7	3481
Missing/invalid	1758	3.6	2414	4.5	4172
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Body Mass Index</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Underweight	1150	2.3	3011	5.6	4161
Healthy weight	14048	28.5	19018	35.4	33066
Overweight	21530	43.7	16251	30.2	37781
Obese	9453	19.2	11026	20.5	20479
Missing/invalid	3135	6.4	4420	8.2	7555
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q5 - Highest Qualification</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
No school certificate or other qualification	5495	11.1	6962	13.0	12457
School or intermediate certificate	7570	15.3	15215	28.3	22785
Higher school or leaving certificate	4709	9.5	5178	9.6	9887
Trade or apprenticeship	9219	18.7	2332	4.3	11551
Certificate or diploma	9268	18.8	11882	22.1	21150
University degree or higher	12002	24.3	11261	21.0	23263
Missing/invalid	1053	2.1	896	1.7	1949
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q6 - Aboriginal/TSI</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
No	47854	97.0	52168	97.1	100022
Aboriginal	318	0.6	402	0.7	720
TSI	65	0.1	48	0.1	113
Aboriginal and TSI	5	0.0	9	0.0	14
Missing/invalid	1074	2.2	1099	2.0	2173
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q7 - Country of Birth</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Australia	35738	72.5	40986	76.3	76724
UK	5030	10.2	4805	8.9	9835
Ireland	238	0.5	211	0.4	449
Italy	499	1.0	318	0.6	817
China	334	0.7	364	0.7	698
Greece	196	0.4	160	0.3	356
New Zealand	962	1.9	1011	1.9	1973
Germany	533	1.1	559	1.0	1092
Lebanon	144	0.3	104	0.2	248
Philippines	140	0.3	316	0.6	456
Netherlands	602	1.22	428	0.8	1030
Vietnam	144	0.3	141	0.2	285
Malta	163	0.3	146	0.3	309
Poland	209	0.42	158	0.29	367
Other/Missing	4384	8.9	4019	7.48	8403

<b>Q8 - Year Came to Australia</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
1955 or earlier	2905	5.9	2147	4.0	5052
1956-1965	2845	5.8	2553	4.8	5398
1966-1975	3034	6.2	2974	5.5	6008
1976+	3806	7.7	4199	7.8	8005
Missing/invalid or N/A	36726	74.5	41853	77.9	78579
Total	49316	100	53726	100	103042

<b>Q9 - Ancestry</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Australian	25108	50.9	27737	51.6	52845
English	19935	40.4	24403	45.4	44338
Irish	7183	14.6	9753	18.2	16936
Chinese	795	1.6	943	1.8	1738
Italian	1163	2.4	1165	2.2	2328
Greek	487	1.0	449	0.8	936
Scottish	6540	13.3	8488	15.8	15028
German	2501	5.1	3252	6.1	5753
Lebanese	245	0.5	226	0.4	471
Dutch	971	2.0	915	1.7	1886
Maltese	350	0.7	348	0.6	698
Polish	488	1.0	540	1.0	1028
Filipino	125	0.3	302	0.6	427
Indian	319	0.6	277	0.5	596
Croatian	164	0.3	185	0.3	349
Vietnam	126	0.3	127	0.2	253
Other	4644	9.4	5273	9.8	9917

<b>Q10 - Language Other Than English</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
No	44413	90.1	48967	91.1	93380
Yes	4901	9.9	4758	8.9	9659
Missing/invalid	2	0.0	1	0.0	3
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q11 - Smoking Status</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Current smoker	3685	7.5	3859	7.2	7544
Ex smoker	22195	45.0	15176	28.2	37371
Never smoker	23430	47.5	34688	64.6	58118
Missing/invalid	6	0.0	3	0.0	9
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q11- Age Started Smoking</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
15 or younger	7018	14.2	3346	6.2	10364
15-18	11859	24.0	8711	16.2	20570
19-30	6660	13.5	6261	11.7	12921
31+	337	0.7	649	1.2	986
Missing/invalid or N/A	23442	47.5	34759	64.7	58201
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q11 - Age Stopped Smoking</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
24 or younger	1843	3.7	1780	3.3	3623
25-34	5150	10.4	4135	7.7	9285
35-44	5745	11.6	3671	6.8	9416
45-54	5085	10.3	3228	6.0	8313
55+	4431	9.0	2295	4.3	6726
Missing/invalid or N/A	27062	54.9	38617	71.9	65679
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q12 - Cigarettes/Day</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	658	1.3	706	1.3	1364
1-9	3000	6.1	4567	8.5	7567
10-14	4461	9.0	4233	7.9	8694
15-19	2868	5.8	2497	4.6	5365
20-24	7337	14.9	4264	7.9	11601
25+	7232	14.7	3320	6.2	10552
Missing/invalid or N/A	23760	48.2	34139	63.5	57899
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q12 - Alcohol Drinks/Week</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	11449	23.2	21559	40.1	33008
1-4	8761	17.8	11678	21.7	20439
5-7	6973	14.1	7865	14.6	14838
8-14	7398	15.0	5682	10.6	13080
14	2376	4.8	2280	4.2	4656
15+	11517	23.4	3217	6.0	14734
Missing/invalid	842	1.7	1445	2.7	2287
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q13 - Days of Drinking/Week</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	8934	18.1	15479	28.8	24413
1-2	8962	18.2	9789	18.2	18751
3-4	7035	14.3	6848	12.7	13883
5-6	8349	16.9	6594	12.3	14943
7	12384	25.1	7393	13.8	19777
Missing/invalid	3652	7.4	7623	14.2	11275
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q14 - Marital Status</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Single	3348	6.8	3380	6.3	6728
Married	37160	75.4	34956	65.1	72116
Partner	2644	5.4	2890	5.4	5534
Widowed	2834	5.7	6771	12.6	9605
Divorced	2967	6.0	5290	9.8	8257
Separated	1406	2.9	1661	3.1	3067

<b>Q15 - Current Housing</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
House	37482	76.0	40594	75.6	78076
Flat, unit, apartment	5341	10.8	5805	10.8	11146
House on farm	3792	7.7	4250	7.9	8042
Retirement vlg/self care unit	1093	2.2	1332	2.5	2425
Nursing home	61	0.1	92	0.2	153
Hostel for the aged	125	0.3	205	0.4	330
Mobile home	441	0.9	424	0.8	865
Other	467	0.9	523	1.0	990
Missing/invalid	514	1.0	501	0.9	1015
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q18 - Family Diseases</b>	<b>Mother</b>	<b>% of Total</b>	<b>Father</b>	<b>% of Total</b>	<b>Sibling</b>	<b>% of Total</b>
Heart disease	20848	21.1	30482	30.9	11733	11.9
High BP	32141	32.6	22454	22.8	16674	16.9
Stroke	13164	13.3	13289	13.5	3747	3.8
Diabetes	10329	10.5	8398	8.5	8518	8.6
Alzheimers	10821	11.0	5360	5.4	1586	1.6
Parkinsons	1743	1.8	2275	2.3	1123	1.1
Depression	5625	5.7	3245	3.3	5565	5.6
Arthritis	15131	15.3	5752	5.8	4803	4.9
Breast cancer	6789	6.9	443	0.4	5120	5.2
Bowel cancer	5440	5.5	5739	5.8	4233	4.3
Lung cancer	2618	2.7	6001	6.1	2810	2.8
Melanoma	2726	2.8	3720	3.8	3623	3.7
Prostate cancer			8166	8.3	2750	2.8
Ovarian cancer	2283	2.3			1542	1.6
Osteoporosis	11577	11.7	1372	1.4	2716	2.8
Hip fractures	7316	7.4	2114	2.1	1348	1.4
Don't know	5555	5.6	6624	6.7	5108	5.2

<b>Q19 - Number of Children</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	5648	11.5	5755	10.7	11403
1	4005	8.1	4613	8.6	8618
2	16364	33.2	18254	34.0	34618
3-5	21175	42.9	23164	43.1	44339
6+	1557	3.2	1579	2.9	3136
Missing/invalid	567	1.1	361	0.7	928
Total	49316	100	53726	100	103042

<b>Q19 - Age When Had First Child</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
24 or younger	13060	26.5	25500	47.5	38560
25 to 29	16921	34.3	15005	27.9	31926
30-34	8733	17.7	5044	9.4	13777
35-39	2790	5.7	1608	3.0	4398
40+	1335	2.7	345	0.6	1680
Missing/invalid or N/A	6477	13.1	6224	11.6	12701
Total	49316	100	53726	100	103042

<b>Q19 - Age When Had Last Child</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
24 or younger	1936	3.9	5473	10.2	7409
25 to 29	8806	17.9	15099	28.1	23905
30-34	14451	29.3	15412	28.7	29863
35-39	9651	19.6	7493	13.9	17144
40+	6425	13.0	1902	3.5	8327
Missing/invalid or N/A	8047	16.3	8347	15.5	16394
Total	49316	100	53726	100	103042

<b>Q19 Women - Months Breastfeeding</b>	<b>Female</b>	<b>% of Female</b>
0	7223	13.4
1-6	13180	24.5
7-12	9344	17.4
13-24	10419	19.4
25+	7700	14.3
Missing/invalid	5860	10.9
<b>Total</b>	<b>53726</b>	<b>100</b>

<b>Q20 Men - Unable to Father Children</b>	<b>Male</b>	<b>% of Male</b>
No	45833	92.9
Yes	3455	7.0
Missing/invalid	28	0.1
<b>Total</b>	<b>49316</b>	<b>100</b>

<b>Q21 Men/Q20 Women - Exposure to Tobacco Smoke at Home Hours/Week</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	36646	74.3	40349	75.1	76995
1-9	1440	2.9	1862	3.5	3302
10-19	454	0.9	619	1.2	1073
20-29	396	0.8	481	0.9	877
30-39	185	0.4	268	0.5	453
40+	611	1.2	802	1.5	1413
Missing/invalid	9584	19.4	9345	17.4	18929
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q21 Men/Q20 Women - Exposure to Tobacco Smoke Outside Home Hours/Week</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	27987	56.8	32763	61.0	60750
1-9	11673	23.7	10328	19.2	22001
10-19	1249	2.5	825	1.5	2074
20-29	504	1.0	354	0.7	858
30-39	290	0.6	187	0.3	477
40+	526	1.1	252	0.5	778
Missing/invalid	7087	14.4	9017	16.8	16104
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q22 Men - Urination</b>	<b>Not at all</b>	<b>Not at all %</b>	<b>Sometimes</b>	<b>Sometimes %</b>	<b>Often/ Almost always</b>	<b>Often/ Almost always %</b>
Difficult to postpone	30581	66.1	12080	26.1	3641	7.9
Push or strain to start	36803	83.0	6195	14.0	1334	3.0
Weak urinary system	28197	27.2	12267	27.2	4597	10.2
Stopped and started several times	30946	68.9	10846	24.2	3114	6.9
Urinate again <2 hours after last time	19524	42.3	20716	44.8	5918	12.8
Bladder not emptied completely	31113	68.9	11277	24.9	2832	6.3

<b>Q22 Men - Times/Night Get Up To Urinate</b>	<b>Male</b>	<b>% of Male</b>
Never	7495	15.1
Some nights	13702	27.8
1	14400	29.1
2-3	11864	24.0
4+	1855	3.8
Total	49316	100

<b>Q21 Women - Hormonal Contraceptive Use</b>	<b>Female</b>	<b>% of Female</b>
No	11763	21.9
Yes	41941	78.1
Missing/invalid	22	0.0
Total	53726	100

<b>Q21 Women - Years Used Hormonal Contraceptives</b>	<b>Female</b>	<b>% of Female</b>
0	4320	8.0
1-4	9654	18.0
5-9	9122	17.0
10-19	12139	22.6
20+	5717	10.6
Missing/invalid	12774	23.8
Total	53726	100

<b>Q21 Women - Age Last used Hormonal Contraceptives</b>	<b>Female</b>	<b>% of Female</b>
24 or younger	4560	8.5
25-29	7616	14.2
30-34	8612	16.0
35-39	6095	11.3
40+	11403	21.2
Missing/invalid or N/A	15440	28.7
<b>Total</b>	<b>53726</b>	<b>100</b>

<b>Q22 Women - HRT Use Ever</b>	<b>Female</b>	<b>% of Female</b>
No	32962	61.4
Yes	20741	38.6
Missing/invalid	23	0.0
<b>Total</b>	<b>53726</b>	<b>100</b>

<b>Q22 Women - HRT Use Current</b>	<b>Female</b>	<b>% of Female</b>
No	47839	89.0
Yes	5833	10.9
Missing/invalid	54	0.1
<b>Total</b>	<b>53726</b>	<b>100</b>

<b>Q22 Women - Years Used HRT</b>	<b>Female</b>	<b>% of Female</b>
0	5459	10.2
1-4	5754	10.7
5-9	4402	8.2
10-19	5320	9.9
20+	1723	3.2
Missing/invalid	31068	57.8
<b>Total</b>	<b>53726</b>	<b>100</b>

<b>Q22 Women - Age Stopped HRT</b>	<b>Female</b>	<b>% of Female</b>
49 or younger	2600	4.8
50-54	3701	6.9
55-60	3515	6.5
60-69	3411	6.3
69	88	0.2
70+	719	1.3
Missing/invalid or N/A	39692	73.9
<b>Total</b>	<b>53726</b>	<b>100</b>

<b>Q23 - Medications</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Any taken in last 4 weeks	40399	81.9	46702	86.9	87101
Multivitamins and minerals	7897	16.0	13511	25.1	21408
Multivitamins alone	1569	3.2	2203	4.1	3772
Fish Oil	11476	23.3	16645	31.0	28121
Glucosamine	8958	18.2	13296	24.7	22254
Omega 3	3152	6.4	4715	8.8	7867
Paracetamol	7347	14.9	15610	29.1	22957
Aspirin for heart	10410	21.1	7168	13.3	17578
Aspirin for other reasons	2716	5.5	2943	5.5	5659
Lipitor	8167	16.6	6308	11.7	14475
Avapro, Karvea	3613	7.3	3888	7.2	7501
Warfarin, Coumadin	2237	4.5	1086	2.0	3323
Pravachol	1573	3.2	1190	2.2	2763
Coversyl, Coversyl Plus	3497	7.1	2717	5.1	6214
Lasix, frusemide	1554	3.2	1582	2.9	3136
Zocor, Lipex	3499	7.1	2962	5.5	6461
Cardizem, Vaocordol	1048	2.1	816	1.5	1864
Micardis	1373	2.8	1436	2.7	2809
Nexium	2347	4.8	2995	5.6	5342
Norvasc	1893	3.8	1431	2.7	3324
Fosamax	835	1.7	2599	4.8	3434
Somac	1812	3.7	2016	3.8	3828
Tritace	2428	4.9	1412	2.6	3840
Caltrate	1306	2.6	7267	13.5	8573
Losec, Acimax (omeprazole)	2433	4.9	2454	4.6	4887
Noten, Tenormin (atenolol)	2118	4.3	2123	4.0	4241
Oroxine (thyroxine)	761	1.5	4013	7.5	4774
Ventolin (salbutamol)	2231	4.5	3141	5.8	5372
Zyloprim, Progout 300 (allopurinol)	3180	6.4	596	1.1	3776
Diabes, Diaformin (metformin)	2785	5.6	1975	3.7	4760
Zoloft	431	0.9	832	1.5	1263
Cipramil	236	0.5	454	0.8	690
Effexor	260	0.5	463	0.9	723

<b>Q24 - Ever Told You Have</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Skin cancer	14438	29.3	12350	23.0	26788
Melanoma	3406	6.9	2342	4.4	5748
Prostate cancer	3191	6.5			3191
Breast cancer			2809	5.2	2809
Other cancer	3131	6.3	3473	6.5	6604
Heart disease	8309	16.8	4354	8.1	12663
Stroke	2056	4.2	1461	2.7	3517
Diabetes	5367	10.9	3824	7.1	9191
Blood clotting disorder	1872	3.8	3030	5.6	4902
Enlarged prostate	8518	17.3			8518
Asthma/Hayfever	2467	5.0	4032	7.5	6499
Asthma	3085	6.3	4620	8.6	7705
Hayfever	3634	7.4	6042	11.2	9676
Depression	3482	7.1	5984	11.1	9466
Anxiety	2143	4.3	3997	7.4	6140
Parkinsons	435	0.9	326	0.6	761
None	9170	18.6	11718	21.8	20888

<b>Q25 - Treated In Last Month For</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Cancer	1796	3.6	1163	2.2	2959
Heart attack	1971	4.0	964	1.8	2935
Other heart condition	1791	3.6	1144	2.1	2935
High blood pressure	12012	24.4	12725	23.7	24737
High cholesterol	7963	16.1	7370	13.7	15333
Blood clotting disorder	1118	2.3	956	1.8	2074
Asthma	1937	3.9	2825	5.3	4762
Hayfever	497	1.0	938	1.7	1435
Arthritis	2808	5.7	5565	10.4	8373
Thyroid disorder	786	1.6	4203	7.8	4989
Osteoporosis	1139	2.3	4828	9.0	5967
Depression	1611	3.3	2657	4.9	4268
Anxiety	930	1.9	1706	3.2	2636
Nothing	22157	44.9	22544	42.0	44701

<b>Q27 - Need Help With Daily Tasks</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
No	46757	94.8	50768	94.5	97525
Yes	2554	5.2	2954	5.5	5508
Missing/invalid	5	0.0	4	0.0	9
Total	49316	100	53726	100	103042

<b>Q28 - Limitations From Health</b>	<b>Yes, a lot</b>	<b>Yes, a lot %</b>	<b>Yes, a little</b>	<b>Yes, a little %</b>	<b>No</b>	<b>No %</b>
Vigorous activities	33364	35.1	29472	31.0	32178	33.9
Moderate activities	7860	8.6	15312	16.8	67992	74.6
Lifting/carrying shopping	7082	7.7	15600	16.9	69481	75.4
Climbing several flights of stairs	11859	12.7	20843	22.4	60355	64.9
Climbing one flight of stairs	5007	5.5	10591	11.7	74660	82.7
Walking 1km	9879	10.7	11158	12.1	71191	77.19
Walking 0.5 km	6822	7.6	7475	8.3	75546	84.1
Walking 100m	3480	3.9	5970	6.7	79686	89.4
Bending, kneeling, stooping	10724	11.5	23345	25.0	59381	63.5
Bathing or dressing self	1779	1.9	4921	5.4	83921	92.6

<b>Q29 - Ever Had Operations</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Remove skin cancer	15271	31.0	12559	23.4	27830
Vasectomy	11484	23.3			
Part of prostate removed	3127	6.3			
Whole of prostate removed	1896	3.8			
Hysterectomy			15436	28.7	
Both ovaries removed			5428	10.1	
Tubal ligation			14599	27.2	
Repair prolapsed womb/bladder/bowel			6191	11.5	
Knee replacement	2327	4.7	1966	3.7	4293
Hip replacement	1821	3.7	1545	2.9	3366
Gallbladder removed	2993	6.1	7455	13.9	10448
Heart bypass	5038	10.2	1334	2.5	6372

<b>Q30 - Carer Status</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
No	45165	91.6	46645	86.8	91810
Yes	4148	8.4	7079	13.2	11227
Missing/invalid	3	0.0	2	0.0	5
Total	49316	100	53726	100	103042

<b>Q30 - Carer Status Full-time</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
No	47738	96.8	50892	94.7	98630
Yes	1572	3.2	2828	5.3	4400
Missing/invalid	6	0.0	6	0.0	12
Total	49316	100	53726	100	103042

<b>Q31 - Health Ratings</b>	<b>Excellent/ very good</b>	<b>Excellent/ very good %</b>	<b>Good</b>	<b>Good %</b>	<b>Fair/poor</b>	<b>Fair/poor %</b>
Overall health	51769	52.1	33485	33.7	14071	14.2
Quality of life	59725	61.1	27557	28.2	10538	10.77
Eyesight	40525	40.8	40882	41.2	17927	18.0
Memory	43420	43.7	37927	38.2	17979	18.1
Teeth and gums	33342	34.3	37210	38.3	26659	27.4

<b>Q32 - Hearing Loss</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
No	23476	47.6	37014	68.9	60490
Yes	25836	52.4	16710	31.1	42546
Missing/invalid	4	0.0	2	0.0	6
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q33 - Teeth Left</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
None - all of my teeth are missing	4443	9.0	5594	10.4	10037
1-9 teeth left	5427	11.0	5186	9.7	10613
10-19 left	11087	22.5	9194	17.1	20281
20 or more	26791	54.3	31941	59.5	58732
Missing/invalid	1568	3.2	1811	3.4	3379
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q34 - Times Fallen in Last 12 Months</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	40012	81.1	40447	75.3	80459
1	2779	5.6	4886	9.1	7665
2	1780	3.6	2854	5.3	4634
3+	2193	4.4	2652	4.9	4845
Missing/invalid	2552	5.2	2887	5.4	5439
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q35 - Broken/Fractured Bone in Last 5 Years</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
No	44725	90.7	46380	86.3	91105
Yes	4591	9.3	7346	13.7	11937
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q35 - Age of Most Recent Fracture</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
49 or younger	969	2.0	1226	2.3	2195
50-59	1288	2.6	2122	3.9	3410
60-69	943	1.9	1727	3.2	2670
70+	1058	2.1	1861	3.5	2919
Missing/invalid or N/A	45058	91.4	46790	87.1	91848
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q35 - Type of Bone Broken</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Wrist	546	1.1	1356	2.5	1902
Arm	325	0.7	580	1.1	905
Hip	223	0.5	334	0.6	557
Ankle	476	1.0	1010	1.9	1486
Rib	985	2.0	868	1.6	1853
Finger/toe	930	1.9	1356	2.5	2286
Other	549	1.1	869	1.6	1418

<b>Q36 - Leaking Urine/Week</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Never	38286	77.6	29527	55.0	67813
Once a week or less	4923	10.0	10788	20.1	15711
2-3 times	2136	4.3	4629	8.6	6765
4-6 times	788	1.6	2231	4.2	3019
Every day	1300	2.6	3885	7.2	5185
Missing/invalid	1883	3.8	2666	5.0	4549
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q37 Men - Ability to Get Erection</b>	<b>Male</b>	<b>% of Male</b>
Always	15502	31.4
Usually	10119	20.5
Sometimes	8168	16.6
Never	9232	18.7
Prefer not to say	4376	8.9
Missing/invalid	1919	3.9
<b>Total</b>	<b>49316</b>	<b>100</b>

<b>Q38 Men - Ever Had PSA Test</b>	<b>Male</b>	<b>% of Male</b>
No	15449	31.3
Yes	33849	68.6
Missing/invalid	18	0.0
<b>Total</b>	<b>49316</b>	<b>100</b>

<b>Q38 Men - Years Ago for PSA</b>	<b>Male</b>	<b>% of Male</b>
0	1625	3.3
1	4785	9.7
2	1538	3.1
3-4	858	1.7
5+	1231	2.5
Missing/invalid or N/A	39279	79.6
<b>Total</b>	<b>49316</b>	<b>100</b>

<b>Q38 Men - Number of PSA Tests</b>	<b>Male</b>	<b>% of Male</b>
0	1581	3.2
1	7582	15.4
2-3	9502	19.3
4-9	8037	16.3
10+	4187	8.5
Missing/invalid	18427	37.4
<b>Total</b>	<b>49316</b>	<b>100</b>

<b>Q37 Women - Through Menopause</b>	<b>% of women</b>	
No	35905	66.9
Not sure	7583	14.1
Irregular periods	3400	6.3
Yes	6838	12.7
<b>Total</b>	<b>53726</b>	<b>100</b>

<b>Q37 Women - Age at Menopause</b>	<b>Female</b>	<b>% of Female</b>
44 or younger	5190	9.7
45-49	9001	16.8
50-54	15110	28.1
55+	4505	8.4
Missing/invalid or N/A	19920	37.1
<b>Total</b>	<b>53726</b>	<b>100</b>

<b>Q38 Women - Ever Had Mammogram</b>	<b>Female</b>	<b>% of Female</b>
No	6479	12.1
Yes	47243	87.9
Missing/invalid	4	0.0
<b>Total</b>	<b>53726</b>	<b>100</b>

<b>Q38 Women - Years Ago for Mammogram</b>	<b>Female</b>	<b>% of Female</b>
0	1564	2.9
1	7831	14.6
2	3881	7.2
3-4	1571	2.9
5+	1816	3.4
Missing/invalid or N/A	37063	69.0
<b>Total</b>	<b>53726</b>	<b>100</b>

<b>Q38 Women - Number of Mammograms</b>	<b>Female</b>	<b>% of Female</b>
0	302	0.6
1	4099	7.6
2-3	8455	15.7
4-9	20887	38.9
10+	9935	18.5
Missing/invalid	10048	18.7
<b>Total</b>	<b>53726</b>	<b>100</b>

<b>Q39 - Ever Had Bowel Cancer Screening</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
No	24224	49.1	29890	55.6	54114
Yes	25070	50.8	23826	44.3	48896
Missing/invalid	22	0.0	10	0.0	32
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q39 - Years Ago for Bowel Cancer Screening Test</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	573	1.2	512	1.0	1085
1	2579	5.2	2382	4.4	4961
2	1503	3.0	1441	2.7	2944
3-4	1348	2.7	1435	2.7	2783
5+	2074	4.2	2091	3.9	4165
Missing/invalid	41239	83.6	45865	85.4	87104
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q39 - Type of Bowel Cancer Screening Test</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
FOBT	12769	25.9	10786	20.1	23555
Sigmoidoscopy	1971	4.0	1590	3.0	3561
Colonoscopy	16181	32.8	16948	31.5	33129

<b>Q40 - Times Eat Red Meat/Week</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	1109	2.2	1867	3.5	2976
1-2	8776	17.8	10833	20.2	19609
3-4	12352	25.0	14065	26.2	26417
5-6	5259	10.7	4690	8.7	9949
7+	3207	6.5	1669	3.1	4876
Missing/invalid	18613	37.7	20602	38.3	39215
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q40 - Times Eat Chicken/Week</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	1727	3.5	1693	3.2	3420
1-2	18310	37.1	18997	35.4	37307
3-4	7931	16.1	9914	18.5	17845
5-6	1432	2.9	1619	3.0	3051
7+	605	1.2	518	1.0	1123
Missing/invalid	19311	39.2	20985	39.1	40296
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q40 - Times Eat Processed Meat/Week</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	8088	16.4	15051	28.0	23139
1-2	25197	51.1	24960	46.5	50157
3-4	6201	12.6	3903	7.3	10104
5-6	2374	4.8	1012	1.9	3386
7+	1121	2.3	421	0.8	1542
Missing/invalid	6335	12.8	8379	15.6	14714
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q40 - Times Eat Fish or Seafood/Week</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	3270	6.6	3978	7.4	7248
1-2	34119	69.2	35005	65.2	69124
3-4	7026	14.2	9088	16.9	16114
5-6	1433	2.9	2064	3.8	3497
7+	697	1.4	728	1.4	1425
Missing/invalid	2771	5.6	2863	5.3	5634
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q40 - Times Eat Cheese/Week</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	4187	8.5	3679	6.8	7866
1-2	15388	31.2	15924	29.6	31312
3-4	13271	26.9	15993	29.8	29264
5-6	7514	15.2	8908	16.6	16422
7+	5571	11.3	6496	12.1	12067
Missing/invalid	3385	6.9	2726	5.1	6111
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q40 - Slices Brown Bread/Week</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	7002	14.2	5656	10.5	12658
1-2	2492	5.1	3710	6.9	6202
3-4	3005	6.1	4987	9.3	7992
5-6	3463	7.0	5347	10.0	8810
7+	30131	61.1	31047	57.8	61178
Missing/invalid	3223	6.5	2979	5.5	6202
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q40 - Bowls Breakfast Cereal/Week</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	7323	14.8	8666	16.1	15989
1-2	4080	8.3	4916	9.2	8996
3-4	4163	8.4	5975	11.1	10138
5-6	7356	14.9	8284	15.4	15640
7+	22806	46.2	21702	40.4	44508
Missing/invalid	3588	7.3	4183	7.8	7771
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q41 - Type of Breakfast Cereal</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Bran cereal	9552	19.4	10618	19.8	20170
Biscuit cereal	17064	34.6	14897	27.7	31961
Oat cereal	9970	20.2	13404	24.9	23374
Muesli	11464	23.2	14977	27.9	26441
Other	9358	19.0	8243	15.3	17601

<b>Q42 - Type of Milk</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Whole milk	18507	37.5	13240	24.6	31747
Reduced fat milk	16568	33.6	19793	36.8	36361
Skim milk	8061	16.3	14261	26.5	22322
Soy milk	3403	6.9	5067	9.4	8470
Other milk	1082	2.2	1314	2.4	2396
Don't drink milk	2716	5.5	2796	5.2	5512

<b>Q43 - Serves Vegetables/Day</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	2388	4.8	2079	3.9	4467
1	7295	14.8	3029	5.6	10324
2-3	22575	45.8	19564	36.4	42139
4-5	9413	19.1	15686	29.2	25099
6+	7645	15.5	13368	24.9	21013
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q43 - Don't Eat Vegetables</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
No	48853	99.1	53414	99.4	102267
Yes	448	0.9	306	0.6	754
Missing/invalid	15	0.0	6	0.0	21
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q44 - Serves Fruit/Day</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	5174	10.5	3925	7.3	9099
1	11106	22.5	8917	16.6	20023
2-3	25624	52.0	31055	57.8	56679
4-5	5706	11.6	8306	15.5	14012
6+	1706	3.5	1523	2.8	3229
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q44 - Don't Eat Fruit</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
No	47983	97.3	52713	98.1	100696
Yes	1329	2.7	1005	1.9	2334
Missing/invalid	4	0.0	8	0.0	12
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q45 - Foods Never Eaten</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Red meat	2114	4.3	2760	5.1	4874
Chicken/poultry	1880	3.8	1901	3.5	3781
Pork	3207	6.5	4778	8.9	7985
Dairy	1697	3.4	1716	3.2	3413
Meat	1143	2.3	1565	2.9	2708
Eggs	1739	3.5	1665	3.1	3404
Sugar	7562	15.3	7440	13.8	15002
Wheat	1234	2.5	2137	4.0	3371
Fish	1699	3.4	2143	4.0	3842
Seafood	2540	5.2	3835	7.1	6375
Cream	9670	19.6	10069	18.7	19739
Cheese	2500	5.1	2065	3.8	4565

<b>Q46 - Annual Household Income Before Tax</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
less than \$5,000 per year	574	1.2	995	1.9	1569
\$5,000-\$9,999 per year	2140	4.3	2590	4.8	4730
\$10,000-\$19,999 per year	6877	13.9	7651	14.2	14528
\$20,000-\$29,999 per year	5278	10.7	5020	9.3	10298
\$30,000-\$39,999 per year	4277	8.7	4026	7.5	8303
\$40,000-\$49,999 per year	3794	7.7	3527	6.6	7321
\$50,000-\$69,999 per year	5429	11.0	5172	9.6	10601
\$70,000 or more per year	12537	25.4	9980	18.6	22517
Prefer not to answer	6272	12.7	11151	20.8	17423
Missing/invalid	2138	4.3	3614	6.7	5752
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q47 - Current Work Status</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Full-time	12984	26.3	10406	19.4	23390
Part-time	3264	6.6	10171	18.9	13435
Fully retired	20925	42.4	20183	37.6	41108
Partly retired	3575	7.2	2336	4.3	5911
Disabled/sick	2278	4.6	2048	3.8	4326
Self employed	7928	16.1	4852	9.0	12780
Unpaid work	2366	4.8	3765	7.0	6131
Studying	469	1.0	1153	2.1	1622
Home/Family Care	1520	3.1	9138	17.0	10658
Unemployed	1154	2.3	1413	2.6	2567
Other	583	1.2	1071	2.0	1654

<b>Q48 - Age Retired</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
54 or younger	3394	6.9	7129	13.3	10523
55-59	6410	13.0	6424	12.0	12834
60-64	8456	17.1	6925	12.9	15381
65+	8079	16.4	2810	5.2	10889
Missing/invalid or N/A	22977	46.6	30438	56.7	53415
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q48 - Reasons for Retirement</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Reached usual retirement age	8660	17.6	6961	13.0	15621
Ill health	5973	12.1	4005	7.5	9978
Made redundant	4144	8.4	1791	3.3	5935
Lifestyle reasons	7204	14.6	7548	14.0	14752
Care for family/friend	1205	2.4	4050	7.5	5255
Could not find job	1258	2.6	902	1.7	2160
Other	2805	5.7	3630	6.8	6435

<b>Q49 - Hours/Week Doing Paid Work</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	18868	38.3	19466	36.2	38334
1-21	4014	8.1	7184	13.4	11198
22-35	3252	6.6	7071	13.2	10323
36-40	6350	12.9	6201	11.5	12551
40-59	6995	14.2	2832	5.3	9827
60+	2509	5.1	765	1.4	3274
Missing/invalid	7328	14.9	10207	19.0	17535
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q49 - Hours/Week Doing Unpaid/Voluntary Work</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	19639	39.8	19139	35.6	38778
1-3	3492	7.1	4350	8.1	7842
4-9	5879	11.9	7816	14.5	13695
10-40	4895	9.9	5103	9.5	9998
41+	257	0.5	371	0.7	628
Missing/invalid	15154	30.7	16947	31.5	32101
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q50 - Health Insurance</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Private with extras	23345	47.3	25885	48.2	49230
Private no extras	7291	14.8	7958	14.8	15249
Veterans card (white or gold)	2324	4.7	800	1.5	3124
Health care concession card	13566	27.5	15464	28.8	29030
None of above	7324	14.9	8131	15.1	15455

<b>Q51 - Colour of Skin on Inside of Upper Arm</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Very fair	6648	13.5	8457	15.7	15105
Fair	27628	56.0	28448	53.0	56076
Light olive	11879	24.1	14420	26.8	26299
Dark olive	981	2.0	900	1.7	1881
Brown	1331	2.7	719	1.3	2050
Black	32	0.1	14	0.0	46
Missing/invalid	817	1.7	768	1.4	1585
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q52 - Tanning with Repeated Sun Exposure</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Get very tanned	15991	32.4	12893	24.0	28884
Get moderately tanned	20577	41.7	19869	37.0	40446
Get mildly or occasionally tanned	8513	17.3	12934	24.1	21447
Never tan only get freckled	3127	6.3	6570	12.2	9697
Missing/invalid	1108	2.2	1460	2.7	2568
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q53 - Hours/Day Outdoors on Weekday</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	2326	4.7	4421	8.2	6747
1	8265	16.8	14858	27.7	23123
2	9521	19.3	13942	26.0	23463
3-4	11707	23.7	11037	20.5	22744
5-10	11397	23.1	5147	9.6	16544
10+	3631	7.4	1820	3.4	5451
Missing/invalid	2469	5.0	2501	4.7	4970
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q53 - Hours/Day Outdoors on Weekend</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	855	1.7	2030	3.8	2885
1	2873	5.8	6356	11.8	9229
2	6374	12.9	11525	21.5	17899
3-4	13610	27.6	16797	31.3	30407
5-10	17720	35.9	11507	21.4	29227
10+	5715	11.6	2536	4.7	8251
Missing/invalid	2169	4.4	2975	5.5	5144
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q54 - Hours/Day Sleeping</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
5 or fewer	1769	3.6	2340	4.4	4109
6	5864	11.9	6921	12.9	12785
7	11536	23.4	12752	23.7	24288
8	18661	37.8	21140	39.3	39801
9	5661	11.5	5667	10.5	11328
10+	4350	8.8	3324	6.2	7674
Missing/invalid	1475	3.0	1582	2.9	3057
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q54 - Hours/Day Sitting</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
2 or fewer	6352	12.9	8082	15.0	14434
3-4	13007	26.4	15067	28.0	28074
5-7	14051	28.5	15401	28.7	29452
8-11	9490	19.2	8600	16.0	18090
12+	3030	6.1	2096	3.9	5126
Missing/invalid	3386	6.9	4480	8.3	7866
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q54 - Hours/Day Watching TV/Using Computer</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
2 or fewer	12470	25.3	14107	26.3	26577
3-4	20128	40.8	21778	40.5	41906
5-7	9549	19.4	10174	18.9	19723
8-11	4280	8.7	4613	8.6	8893
12+	898	1.8	876	1.6	1774
Missing/invalid	1991	4.0	2178	4.1	4169
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q54 - Hours/Day Standing</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	2178	4.4	2335	4.3	4513
1-2	12676	25.7	12603	23.5	25279
3-4	9826	19.9	10713	19.9	20539
5-7	9254	18.8	10234	19.0	19488
8-10	7528	15.3	7882	14.7	15410
11+	2197	4.5	2721	5.1	4918
Missing/invalid	5657	11.5	7238	13.5	12895
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q55 - Times/Week Spent Time with Friends/Family</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	6070	12.3	4220	7.9	10290
1	5832	11.8	5101	9.5	10933
2	9065	18.4	9095	16.9	18160
3	6865	13.9	8600	16.0	15465
4-5	9254	18.8	12074	22.5	21328
6-9	6511	13.2	8575	16.0	15086
10+	3972	8.1	4408	8.2	8380
Missing/invalid	1747	3.5	1653	3.1	3400
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q55 - Times/Week Talked on Telephone</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	3354	6.8	1301	2.4	4655
1-2	13089	26.5	9081	16.9	22170
3-4	10982	22.3	12289	22.9	23271
5-7	9408	19.1	13925	25.9	23333
8-14	6459	13.1	10539	19.6	16998
15+	4272	8.7	5151	9.6	9423
Missing/invalid	1752	3.6	1440	2.7	3192
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q55 - Times/Week Went to Meetings</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	21010	42.6	20833	38.8	41843
1	9453	19.2	10518	19.6	19971
2	7393	15.0	8766	16.3	16159
3-7	7813	15.8	10047	18.7	17860
8+	955	1.9	830	1.5	1785
Missing/invalid	2692	5.5	2732	5.1	5424
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q56 - Number of People Can Depend On</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
0	3581	7.3	2819	5.2	6400
1-2	8662	17.6	9516	17.7	18178
3-4	9043	18.3	12173	22.7	21216
5-6	8251	16.7	10194	19.0	18445
7-10	9083	18.4	10088	18.8	19171
11+	8344	16.9	6803	12.7	15147
Missing/invalid	2352	4.8	2133	4.0	4485
<b>Total</b>	<b>49316</b>	<b>100</b>	<b>53726</b>	<b>100</b>	<b>103042</b>

<b>Q57 - Felt in Last 4 Weeks</b>	<b>None of time</b>	<b>None of time %</b>	<b>Little/some</b>	<b>Little/some %</b>	<b>Most/all</b>	<b>Most/all %</b>
Tired out for no good reason	35631	36.4	54607	55.9	7504	7.7
Nervous	56181	61.3	33276	36.3	2208	2.4
So nervous couldn't calm down	84028	93.0	5633	6.2	692	0.8
Hopeless	76463	84.2	12738	14.0	1581	1.7
Restless or fidgety	55419	60.44	34197	37.3	2079	2.3
So restless couldn't sit still	78165	86.3	11176	12.3	1190	1.3
Depressed	62997	68.2	26512	28.7	2796	3.0
Everything was an effort	56145	60.7	32065	34.7	4312	4.7
So sad/depressed couldn't cheer up	78895	86.75	10591	11.65	1455	1.6
Worthless	78192	86.0	10766	11.8	1969	2.2

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<b>Q58 - Emotional Problems Causing Problems (last 4 weeks)</b>	<b>Male</b>	<b>% of Male</b>	<b>Female</b>	<b>% of Female</b>	<b>Total</b>
Cut down on time spent on work or other activities	5032	10.2	5908	11.0	10940
Achieved less than would have liked	13537	27.5	15200	28.3	28737
Did work or other activities less carefully than would have liked	5370	10.9	6865	12.8	12235

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