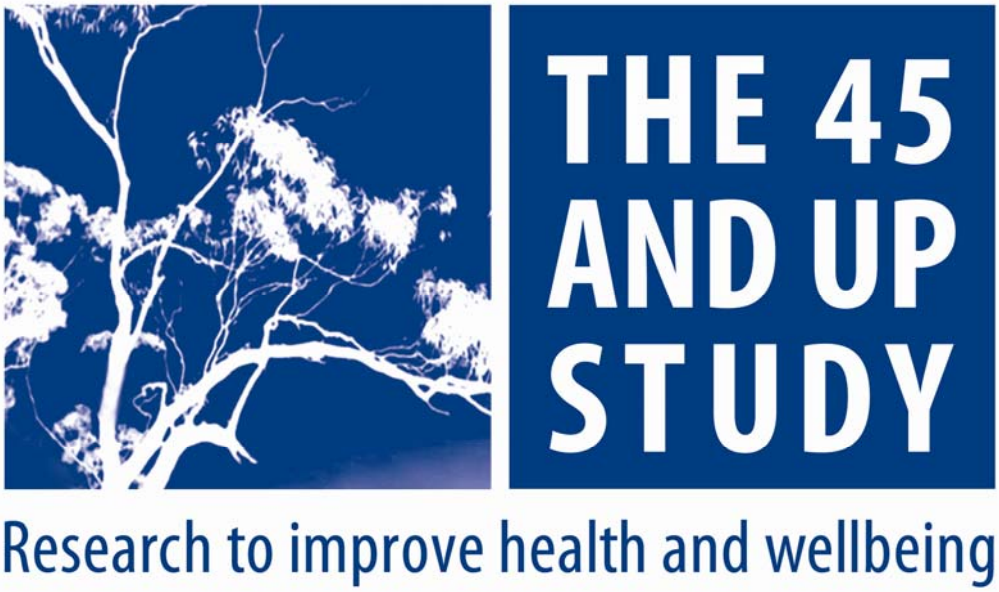

DATA BOOK

APRIL 2010 DATA SET

All results presented in this report are based on the dataset for the 266,848 individuals recruited to the 45 and Up Study cohort. Tabulations have been prepared on all key fields from the baseline questionnaire. Coding of free-text questions has not been completed, so are not included in this report.

Gender		%
Male	123779	46.4
Female	143069	53.6

Volunteer in study	Male	% of Male	Female	% of Female	Total
No	123321	99.6	142194	99.4	265515
Yes	458	0.4	875	0.6	1333
Total	123779	100.0	143069	100.0	266848

Quintile of Index of Relative Socioeconomic Disadvantage	Male	% of Male	Female	% of Female	Total
5th Quintile (most disadvantaged)	23549	19.0	27441	19.2	50990
4th Quintile	30506	24.6	35809	25.0	66315
3rd Quintile	24433	19.7	28378	19.8	52811
2nd Quintile	22295	18.0	26114	18.3	48409
1st Quintile (least disadvantaged)	22888	18.5	25217	17.6	48105
Missing/invalid	108	0.1	110	0.1	218
Total	123779	100.0	143069	100.0	266848

Q1 - Age	Male	% of Male	Female	% of Female	Total
45-49 yrs	13626	11.0	21166	14.8	34792
50-54 yrs	17735	14.3	25183	17.6	42918
55-59 yrs	20107	16.2	25402	17.8	45509
60-64 yrs	18960	15.3	21382	14.9	40342
65-69 yrs	16797	13.6	16921	11.8	33718
70-74 yrs	12749	10.3	11608	8.1	24357
75-79 yrs	9845	8.0	8133	5.7	17978
80-84 yrs	10287	8.3	8636	6.0	18923
85+ yrs	3673	3.0	4638	3.2	8311
Total	123779	100.0	143069	100.0	266848

Q3 - Height	Male	% of Male	Female	% of Female	Total
<150 cm	700	0.6	4883	3.4	5583
150-155 cm	559	0.5	17807	12.4	18366
155-159 cm	1308	1.1	22938	16.0	24246
160-165 cm	5008	4.0	38827	27.1	43835
165-169 cm	13579	11.0	29394	20.5	42973
170-175 cm	25674	20.7	15021	10.5	40695
175-179 cm	33368	27.0	5255	3.7	38623
180-185 cm	25585	20.7	898	0.6	26483
185+ cm	13658	11.0	1149	0.8	14807
Missing/invalid	4340	3.5	6897	4.8	11237
Total	123779	100.0	143069	100.0	266848

Q4 - Weight	Male	% of Male	Female	% of Female	Total
0-54kg	956	0.8	15097	10.6	16053
55-59 kg	1604	1.3	15955	11.2	17559
60-64 kg	4960	4.0	22875	16.0	27835
65-69 kg	8605	7.0	20432	14.3	29037
70-74 kg	14126	11.4	17413	12.2	31539
75-79 kg	16616	13.4	13291	9.3	29907
80-84 kg	18876	15.2	10433	7.3	29309
85-89 kg	15099	12.2	6818	4.8	21917
90-99 kg	22434	18.1	8632	6.0	31066
100-110 kg	9744	7.9	3619	2.5	13363
110+ kg	7653	6.2	3511	2.5	11164
Missing/invalid	3106	2.5	4993	3.5	8099
Total	123779	100.0	143069	100.0	266848

Body Mass Index (kg/m^2)	Male	% of Male	Female	% of Female	Total
Underweight (<18.5)	2409	1.9	7844	5.5	10253
Healthy weight (18.5-24.9)	34117	27.6	49861	34.9	83978
Overweight (25-29.9)	54446	44.0	43038	30.1	97484
Obese (30+)	26041	21.0	31487	22.0	57528
Missing/invalid	6766	5.5	10839	7.6	17605
Total	123779	100.0	143069	100.0	266848

Q5 - Highest Qualification	Male	% of Male	Female	% of Female	Total

Q5 - Highest Qualification	Male	% of Male	Female	% of Female	Total
No school certificate or other qualification	13382	10.8	17886	12.5	31268
School or intermediate certificate	18782	15.2	39970	27.9	58752
Higher school or leaving certificate	11872	9.6	14194	9.9	26066
Trade or apprenticeship	23401	18.9	6201	4.3	29602
Certificate or diploma	23458	19.0	31755	22.2	55213
University degree or higher	30732	24.8	30787	21.5	61519
Missing/invalid	2152	1.7	2276	1.6	4428
Total	123779	100.0	143069	100.0	266848

Q6 - Aboriginal/TSI	Male	% of Male	Female	% of Female	Total
No	120683	97.5	139289	97.4	259972
Aboriginal	810	0.7	1060	0.7	1870
TSI	130	0.1	113	0.1	243
Aboriginal and TSI	8	0.0	23	0.0	31
Invalid	1	0.0	3	0.0	4
Missing/invalid	2147	1.7	2581	1.8	4728
Total	123779	100.0	143069	100.0	266848

Q7 - Country of Birth	Male	% of Male	Female	% of Female	Total
Australia	90667	73.2	109250	76.4	199917
New Zealand	2304	1.9	2765	1.9	5069
UK	12176	9.8	12494	8.7	24670
Ireland	582	0.5	566	0.4	1148
Germany	1348	1.1	1438	1.0	2786
Netherlands	1450	1.2	1192	0.8	2642
Italy	1243	1.0	880	0.6	2123
Malta	330	0.3	327	0.2	657
Greece	450	0.4	388	0.3	838
Poland	519	0.4	406	0.3	925
Lebanon	406	0.3	287	0.2	693
Viet Nam	408	0.3	424	0.3	832
Philippines	361	0.3	892	0.6	1253
China	882	0.7	986	0.7	1868
Other/Missing	10653	8.6	10774	7.5	21427

Q8 - Year Came to Australia	Male	% of Male	Female	% of Female	Total
1955 or earlier	6276	5.1	5320	3.7	11596
1956-1965	6730	5.4	6720	4.7	13450
1966-1975	7618	6.2	7704	5.4	15322
1976+	11320	9.1	12507	8.7	23827
Missing/invalid	91835	74.2	110818	77.5	202653
Total	123779	100.0	143069	100.0	266848

Q9 - Ancestry	Male	% of Male	Female	% of Female	Total
Australian	63551	51.3	74216	51.9	137767
English	48814	39.4	63655	44.5	112469
Irish	17871	14.4	25947	18.1	43818
Chinese	1997	1.6	2524	1.8	4521
Italian	3033	2.5	3118	2.2	6151
Greek	1149	0.9	1139	0.8	2288
Scottish	16369	13.2	22570	15.8	38939
German	6233	5.0	8333	5.8	14566
Lebanese	647	0.5	577	0.4	1224
Dutch	2418	2.0	2515	1.8	4933
Maltese	884	0.7	879	0.6	1763
Polish	1159	0.9	1405	1.0	2564
Filipino	336	0.3	861	0.6	1197
Indian	767	0.6	694	0.5	1461
Croatian	400	0.3	451	0.3	851
Vietnam	360	0.3	363	0.3	723
Other	12322	10.0	15127	10.6	27449

Q10 - Language Other than English	Male	% of Male	Female	% of Female	Total
No	111182	89.8	130207	91.0	241389
Yes	12595	10.2	12861	9.0	25456
Missing/invalid	2	0.0	1	0.0	3
Total	123779	100.0	143069	100.0	266848

Q11 - Smoking Status	Male	% of Male	Female	% of Female	Total
Current smoker	9432	7.6	9874	6.9	19306
Ex smoker	55858	45.1	42447	29.7	98305
Never smoker	58084	46.9	90345	63.1	148429

Q11 - Smoking Status	Male	% of Male	Female	% of Female	Total
Missing/invalid	405	0.3	403	0.3	808
Total	123779	100.0	143069	100.0	266848

Q11- Age Started Smoking	Male	% of Male	Female	% of Female	Total
15 or younger	17505	14.1	9160	6.4	26665
15-18	29494	23.8	23310	16.3	52804
19-30	15765	12.7	16316	11.4	32081
31+	1261	1.0	2413	1.7	3674
Missing/invalid	59754	48.3	91870	64.2	151624
Total	123779	100.0	143069	100.0	266848

Q11 - Age Stopped Smoking	Male	% of Male	Female	% of Female	Total
24 or younger	4548	3.7	4959	3.5	9507
25-34	13053	10.5	11297	7.9	24350
35-44	14191	11.5	9667	6.8	23858
45-54	12304	9.9	8766	6.1	21070
55+	10739	8.7	6706	4.7	17445
Missing/invalid	68944	55.7	101674	71.1	170618
Total	123779	100.0	143069	100.0	266848

Q12 - Cigarettes/Day	Male	% of Male	Female	% of Female	Total
0	1091	0.9	1290	0.9	2381
1-9	7272	5.9	12310	8.6	19582
10-14	11113	9.0	11563	8.1	22676
15-19	7270	5.9	6725	4.7	13995
20-24	18150	14.7	11266	7.9	29416
25+	17797	14.4	8787	6.1	26584
Missing/invalid	61086	49.4	91128	63.7	152214
Total	123779	100.0	143069	100.0	266848

Q12 - Alcohol Drinks/Week	Male	% of Male	Female	% of Female	Total
0	28720	23.2	57911	40.5	86631
1-4	22155	17.9	30748	21.5	52903
5-7	17121	13.8	20998	14.7	38119
8-14	19078	15.4	15510	10.8	34588
14	5738	4.6	5764	4.0	11502

Q12 - Alcohol Drinks/Week	Male	% of Male	Female	% of Female	Total
15+	29197	23.6	8852	6.2	38049
Missing/invalid	1770	1.4	3286	2.3	5056
Total	123779	100.0	143069	100.0	266848

Q13 - Days of Drinking/Week	Male	% of Male	Female	% of Female	Total
0	23953	19.4	45554	31.8	69507
1-2	23178	18.7	25989	18.2	49167
3-4	18378	14.8	18560	13.0	36938
5-6	21298	17.2	17564	12.3	38862
7	29278	23.7	18814	13.2	48092
Missing/invalid	7694	6.2	16588	11.6	24282
Total	123779	100.0	143069	100.0	266848

Q14 - Marital Status	Male	% of Male	Female	% of Female	Total
Single	8098	6.5	8628	6.0	16726
Married	92516	74.7	92484	64.6	185000
Partner	6772	5.5	7606	5.3	14378
Widowed	6164	5.0	17433	12.2	23597
Divorced	7194	5.8	13871	9.7	21065
Separated	3432	2.8	4283	3.0	7715

Q15 - Current Housing	Male	% of Male	Female	% of Female	Total
House	94506	76.4	108571	75.9	203077
Flat, unit, apartment	13188	10.7	15735	11.0	28923
House on farm	9583	7.7	10861	7.6	20444
Retirement village, self care unit	2400	1.9	3534	2.5	5934
Nursing home	112	0.1	217	0.2	329
Hostel for the aged	371	0.3	540	0.4	911
Mobile home	1159	0.9	1112	0.8	2271
Other	1139	0.9	1358	0.9	2497
Invalid	337	0.3	392	0.3	729
Missing/invalid	984	0.8	749	0.5	1733
Total	123779	100.0	143069	100.0	266848

Q18 - Family Diseases	Mother	% of Total	Father	% of Total	Sibling	% of Total
Heart disease	53164	19.9	78808	29.5	29460	11.0

Q18 - Family Diseases	Mother	% of Total	Father	% of Total	Sibling	% of Total
High BP	85208	31.9	59987	22.5	43499	16.3
Stroke	33656	12.6	34384	12.9	9177	3.4
Diabetes	27703	10.4	22884	8.6	22211	8.3
Alzheimer's disease	27958	10.5	14360	5.4	3835	1.4
Parkinson's disease	4511	1.7	5924	2.2	2694	1.0
Depression	15073	5.6	8424	3.2	14485	5.4
Arthritis	39634	14.9	15025	5.6	12106	4.5
Breast cancer	18057	6.8	770	0.3	13465	5.0
Bowel cancer	13890	5.2	15250	5.7	10650	4.0
Lung cancer	6572	2.5	16044	6.0	6862	2.6
Melanoma	7227	2.7	10289	3.9	9389	3.5
Prostate cancer	.	.	22223	8.3	6877	2.6
Ovarian cancer	5842	2.2	.	.	3463	1.3
Osteoporosis	32139	12.0	3420	1.3	6823	2.6
Hip fractures	19003	7.1	5472	2.1	3256	1.2
Don't know	13516	5.1	16239	6.1	12690	4.8

Q19 - Number of Children	Male	% of Male	Female	% of Female	Total
0	14412	11.6	15659	10.9	30071
1	10269	8.3	12532	8.8	22801
2	41713	33.7	48917	34.2	90630
3	32122	26.0	38054	26.6	70176
4+	23931	19.3	27024	18.9	50955
Missing/invalid	1332	1.1	883	0.6	2215
Total	123779	100.0	143069	100.0	266848

Q19 - Age when had First Child	Male	% of Male	Female	% of Female	Total
24 or younger	32439	26.2	66300	46.3	98739
25 to 29	42022	33.9	40291	28.2	82313
30-34	21988	17.8	14110	9.9	36098
35-39	7361	5.9	4510	3.2	11871
40+	5692	4.6	2665	1.9	8357
Missing/invalid	14277	11.5	15193	10.6	29470
Total	123779	100.0	143069	100.0	266848

Q19 - Age when had Last Child	Male	% of Male	Female	% of Female	Total
24 or younger	4849	3.9	14043	9.8	18892
25 to 29	22199	17.9	39610	27.7	61809

Q19 - Age when had Last Child	Male	% of Male	Female	% of Female	Total
30-34	36206	29.3	41141	28.8	77347
35-39	24234	19.6	20185	14.1	44419
40+	18325	14.8	7220	5.0	25545
Missing/invalid	17966	14.5	20870	14.6	38836
Total	123779	100.0	143069	100.0	266848

Q19 Women - Months Breastfeeding	Male	% of Male	Female	% of Female	Total
0	0	0.0	18510	12.9	18510
1-6	0	0.0	34255	23.9	34255
7-12	0	0.0	25051	17.5	25051
13-24	0	0.0	28001	19.6	28001
25+	0	0.0	20990	14.7	20990
Missing/invalid	123779	100.0	16262	11.4	140041
Total	123779	100.0	143069	100.0	266848

Q20 Men - Unable to Father Children	Male	% of Male	Female	% of Female	Total
No	106944	86.4	0	0.0	106944
Yes	8705	7.0	0	0.0	8705
Missing/invalid	8130	6.6	143069	100.0	151199
Total	123779	100.0	143069	100.0	266848

Q21 Men/Q20 Women - Exposure to Tobacco Smoke at Home Hours/Week	Male	% of Male	Female	% of Female	Total
0	92516	74.7	107249	75.0	199765
1-9	3607	2.9	4693	3.3	8300
10-19	1095	0.9	1523	1.1	2618
20-29	946	0.8	1218	0.9	2164
30-39	436	0.4	667	0.5	1103
40+	2786	2.3	3485	2.4	6271
Missing/invalid	22393	18.1	24234	16.9	46627
Total	123779	100.0	143069	100.0	266848

Q21 Men/Q20 Women - Exposure to Tobacco Smoke Outside Home Hours/Week	Male	% of Male	Female	% of Female	Total

Q21 Men/Q20 Women - Exposure to Tobacco Smoke Outside Home Hours/Week	Male	% of Male	Female	% of Female	Total
0	72641	58.7	88986	62.2	161627
1-9	26450	21.4	24370	17.0	50820
10-19	2836	2.3	1897	1.3	4733
20-29	1104	0.9	808	0.6	1912
30-39	648	0.5	510	0.4	1158
40+	2700	2.2	2329	1.6	5029
Missing/invalid	17400	14.1	24169	16.9	41569
Total	123779	100.0	143069	100.0	266848

Q21 Women - Hormonal Contraceptive Use	Male	% of Male	Female	% of Female	Total
No	0	0.0	29699	20.8	29699
Yes	0	0.0	110695	77.4	110695
Missing/invalid	123779	100.0	2675	1.9	126454
Total	123779	100.0	143069	100.0	266848

Q21 Women - Years Used Hormonal Contraceptives	Male	% of Male	Female	% of Female	Total
0	0	0.0	9991	7.0	9991
1-4	0	0.0	25153	17.6	25153
5-9	0	0.0	23984	16.8	23984
10-19	0	0.0	32342	22.6	32342
20+	0	0.0	16493	11.5	16493
Missing/invalid	123779	100.0	35106	24.5	158885
Total	123779	100.0	143069	100.0	266848

Q21 Women - Age Last used Hormonal Contraceptives	Male	% of Male	Female	% of Female	Total
24 or younger	0	0.0	12010	8.4	12010
25-29	0	0.0	20099	14.0	20099
30-34	0	0.0	22891	16.0	22891
35-39	0	0.0	16058	11.2	16058
40+	0	0.0	34592	24.2	34592
Missing/invalid	123779	100.0	37419	26.2	161198
Total	123779	100.0	143069	100.0	266848

Q21 - Type of OC most recently used	Male	% of Male	Female	% of Female	Total
Combined Pill	0	0.0	55072	38.5	55072
Progesterone-only Pill	0	0.0	7593	5.3	7593
Depo Provera	0	0.0	2290	1.6	2290
Contraceptive implant	0	0.0	3509	2.5	3509
Do not know	0	0.0	27009	18.9	27009

Q22 Women - HRT Use Ever	Male	% of Male	Female	% of Female	Total
No	0	0.0	86875	60.7	86875
Yes	0	0.0	52807	36.9	52807
Missing/invalid	123779	100.0	3387	2.4	127166
Total	123779	100.0	143069	100.0	266848

Q22 Women - HRT Use Current	Male	% of Male	Female	% of Female	Total
No	0	0.0	72218	50.5	72218
Yes	0	0.0	14302	10.0	14302
Missing/invalid	123779	100.0	56549	39.5	180328
Total	123779	100.0	143069	100.0	266848

Q22 Women - Years Used HRT	Male	% of Male	Female	% of Female	Total
0	0	0.0	12401	8.7	12401
1-4	0	0.0	14765	10.3	14765
5-9	0	0.0	11397	8.0	11397
10-19	0	0.0	13284	9.3	13284
20+	0	0.0	4920	3.4	4920
Missing/invalid	123779	100.0	86302	60.3	210081
Total	123779	100.0	143069	100.0	266848

Q22 Women - Age Stopped HRT	Male	% of Male	Female	% of Female	Total
49 or younger	0	0.0	6790	4.7	6790
50-54	0	0.0	9604	6.7	9604
55-60	0	0.0	9219	6.4	9219
60-69	0	0.0	8609	6.0	8609
69	0	0.0	244	0.2	244

Q22 Women - Age Stopped HRT	Male	% of Male	Female	% of Female	Total
70+	0	0.0	5859	4.1	5859
Missing/invalid	123779	100.0	102744	71.8	226523
Total	123779	100.0	143069	100.0	266848

Q23 - Medications	Male	% of Male	Female	% of Female	Total
Any in last 4 weeks	101798	82.2	125150	87.5	226948
Multivitamins and minerals	20775	16.8	36722	25.7	57497
Multivitamins alone	4085	3.3	5926	4.1	10011
Fish Oil	32985	26.6	49197	34.4	82182
Glucosamine	23146	18.7	35484	24.8	58630
Omega 3	7871	6.4	12611	8.8	20482
Paracetamol	20052	16.2	44257	30.9	64309
Aspirin for heart	25840	20.9	19567	13.7	45407
Aspirin for other reasons	6759	5.5	8101	5.7	14860
Lipitor	21171	17.1	17319	12.1	38490
Avapro, Karvea	8839	7.1	10331	7.2	19170
Warfarin, Coumadin	5335	4.3	3232	2.3	8567
Pravachol	3447	2.8	2864	2.0	6311
Coversyl, Coversyl Plus	9258	7.5	7789	5.4	17047
Lasix, frusemide	3363	2.7	4245	3.0	7608
Zocor, Lipex	7839	6.3	7516	5.3	15355
Cardizem, Vaocordol	2404	1.9	2100	1.5	4504
Micardis	3955	3.2	4489	3.1	8444
Nexium	6415	5.2	8851	6.2	15266
Norvasc	4491	3.6	3745	2.6	8236
Fosamax	1842	1.5	6320	4.4	8162
Somac	4712	3.8	5876	4.1	10588
Tritace	5851	4.7	3548	2.5	9399
Caltrate	3415	2.8	20252	14.2	23667
Losec, Acimax (omeprazole)	5691	4.6	6029	4.2	11720
Noten, Tenormin (atenolol	5192	4.2	5670	4.0	10862
Oroxine (thyroxine)	1873	1.5	10976	7.7	12849
Ventolin (salbutamol)	5753	4.6	9059	6.3	14812
Zyloprim, Progout 300 (allopurinol)	7604	6.1	1490	1.0	9094
Diabes, Diaformin (metformin)	7420	6.0	5713	4.0	13133
Zoloft	1440	1.2	3089	2.2	4529
Cipramil	774	0.6	1623	1.1	2397
Effexor	968	0.8	1856	1.3	2824

Q24 - Ever Told You Have	Male	% of Male	Female	% of Female	Total
Skin cancer	35454	28.6	32675	22.8	68129
Melanoma	8393	6.8	6203	4.3	14596
Prostate cancer	7839	6.3	0	0.0	7839
Breast cancer	0	0.0	7731	5.4	7731
Other cancer	7592	6.1	9347	6.5	16939
Heart disease	20106	16.2	11717	8.2	31823
High blood pressure	47009	38.0	0	0.0	47009
High blood pressure during pregnancy	0	0.0	17867	12.5	17867
High blood pressure	0	0.0	48013	33.6	48013
Stroke	4690	3.8	3776	2.6	8466
Diabetes	13563	11.0	10418	7.3	23981
Blood clotting disorder	4417	3.6	7929	5.5	12346
Enlarged prostate	21029	17.0	0	0.0	21029
Asthma/Hayfever	2464	2.0	4033	2.8	6497
Asthma	10238	8.3	16938	11.8	27176
Hayfever	12339	10.0	22201	15.5	34540
Depression	12319	10.0	22332	15.6	34651
Anxiety	7622	6.2	14803	10.3	22425
Parkinson's	951	0.8	725	0.5	1676
None	22253	18.0	28725	20.1	50978

Q25 - Treated In Last Month For	Male	% of Male	Female	% of Female	Total
Cancer	4249	3.4	3219	2.2	7468
Heart attack	4543	3.7	2471	1.7	7014
Other heart condition	4322	3.5	3095	2.2	7417
High blood pressure	30436	24.6	34666	24.2	65102
High cholesterol	20236	16.3	20227	14.1	40463
Blood clotting disorder	2630	2.1	2498	1.7	5128
Asthma	4738	3.8	7857	5.5	12595
Hayfever	496	0.4	938	0.7	1434
Arthritis	6595	5.3	15022	10.5	21617
Thyroid disorder	1997	1.6	11363	7.9	13360
Osteoporosis	2754	2.2	12626	8.8	15380
Depression	5598	4.5	9979	7.0	15577
Anxiety	3385	2.7	6377	4.5	9762
Nothing	55982	45.2	58845	41.1	114827

Q27 - Need Help with Daily Tasks	Male	% of Male	Female	% of Female	Total
No	111769	90.3	127575	89.2	239344
Yes	6238	5.0	8303	5.8	14541

Q27 - Need Help with Daily Tasks	Male	% of Male	Female	% of Female	Total
Missing/invalid	5772	4.7	7191	5.0	12963
Total	123779	100.0	143069	100.0	266848

Q28 - Limitations From Health	Yes, a lot	Yes, a lot %	Yes, a little	Yes, a little %	No	No %
Vigorous activities	84587	34.2	76176	30.8	86300	34.8
Moderate activities	20113	8.4	39269	16.4	179148	75.0
Lifting/carrying shopping	18019	7.5	40291	16.8	181481	75.6
Climbing several flights of stairs	29900	12.3	53643	22.1	158399	65.3
Climbing one flight of stairs	12649	5.4	26965	11.5	195480	83.0
Walking 1km	24798	10.3	28731	12.0	186354	77.5
Walking 0.5 km	16975	7.2	19309	8.2	197995	84.4
Walking 100m	8646	3.7	14941	6.4	208845	89.8
Bending, kneeling, stooping	27665	11.3	61445	25.2	154105	63.2
Bathing or dressing self	4410	1.9	13112	5.5	218867	92.5

Q29 - Ever Had Operations	Male	% of Male	Female	% of Female	Total
Remove skin cancer	37499	30.3	33252	23.2	70751
Vasectomy	30066	24.3	0	0.0	30066
Part of prostate removed	7140	5.8	0	0.0	7140
Whole of prostate removed	4469	3.6	0	0.0	4469
Hysterectomy	0	0.0	40310	28.2	40310
Both ovaries removed	0	0.0	14062	9.8	14062
Tubal ligation	0	0.0	37686	26.3	37686
Repair prolapsed womb, bladder, bowel	0	0.0	16320	11.4	16320
Knee replacement	5691	4.6	5754	4.0	11445
Hip replacement	4406	3.6	4251	3.0	8657
Gallbladder removed	7165	5.8	19986	14.0	27151
Heart bypass	12224	9.9	3620	2.5	15844

Q30 - Carer Status	Male	% of Male	Female	% of Female	Total
No	108875	88.0	117704	82.3	226579
Yes	10934	8.8	19371	13.5	30305
Missing/invalid	3970	3.2	5994	4.2	9964
Total	123779	100.0	143069	100.0	266848

Q30 - Care Status Full-time	Male	% of Male	Female	% of Female	Total
No	119033	96.2	135548	94.7	254581
Yes	3778	3.1	7494	5.2	11272
Missing/invalid	968	0.8	27	0.0	995
Total	123779	100.0	143069	100.0	266848

Q31 - Health Ratings	Excellent/very good	Excellent/very good %	Good	Good %	Fair/poor	Fair/poor %
Overall health	133912	52.0	86947	33.8	36572	14.2
Quality of life	154108	61.0	71581	28.3	26919	10.7
Eyesight	109832	42.7	104383	40.6	43172	16.8
Memory	114397	44.4	98273	38.1	45213	17.5
Teeth and gums	87249	34.5	96300	38.1	69342	27.4

Q32 - Hearing Loss	Male	% of Male	Female	% of Female	Total
No	56091	45.3	93388	65.3	149479
Yes	64130	51.8	44991	31.4	109121
Missing/invalid	3558	2.9	4690	3.3	8248
Total	123779	100.0	143069	100.0	266848

Q33 - Teeth Left	Male	% of Male	Female	% of Female	Total
None - all of my teeth are missing	10092	8.2	14264	10.0	24356
1-9 teeth left	12721	10.3	13277	9.3	25998
10-19 left	27555	22.3	24673	17.2	52228
20 or more	69775	56.4	86495	60.5	156270
Invalid	234	0.2	162	0.1	396
Missing/invalid	3402	2.7	4198	2.9	7600
Total	123779	100.0	143069	100.0	266848

Q34 - Times Fallen in Last 12 Months	Male	% of Male	Female	% of Female	Total
0	100424	81.1	106897	74.7	207321
1	6763	5.5	13670	9.6	20433
2	4430	3.6	7803	5.5	12233
3+	5931	4.8	7519	5.3	13450
Missing/invalid	6231	5.0	7180	5.0	13411
Total	123779	100.0	143069	100.0	266848

Q35 - Broken/Fractured Bone in Last 5 Years	Male	% of Male	Female	% of Female	Total
No	108218	87.4	117933	82.4	226151
Yes	11331	9.2	19442	13.6	30773
Missing/invalid	4230	3.4	5694	4.0	9924
Total	123779	100.0	143069	100.0	266848

Q35 - Age of Most Recent Fracture	Male	% of Male	Female	% of Female	Total
45-49 yrs	2655	2.1	3161	2.2	5816
50-54 yrs	1734	1.4	2720	1.9	4454
55-59 yrs	1523	1.2	2844	2.0	4367
60-64 yrs	1342	1.1	2748	1.9	4090
65-69 yrs	945	0.8	1945	1.4	2890
70-74 yrs	792	0.6	1545	1.1	2337
75-79 yrs	809	0.7	1570	1.1	2379
80-84 yrs	540	0.4	1235	0.9	1775
85+ yrs	361	0.3	790	0.6	1151
Missing/invalid	113078	91.4	124511	87.0	237589
Total	123779	100.0	143069	100.0	266848

Q36 - Leaking Urine/Week	Male	% of Male	Female	% of Female	Total
Never	96093	77.6	76714	53.6	172807
Once a week or less	12386	10.0	28997	20.3	41383
2-3 times	5754	4.6	13382	9.4	19136
4 to 6 times	2147	1.7	6436	4.5	8583
everyday	3418	2.8	11520	8.1	14938
Invalid	118	0.1	169	0.1	287
Missing/invalid	3863	3.1	5851	4.1	9714
Total	123779	100.0	143069	100.0	266848

Q37 Men - Ability to Get Erection	Male	% of Male	Female	% of Female	Total
always	40364	32.6	0	0.0	40364
usually	26174	21.1	0	0.0	26174
sometimes	20268	16.4	0	0.0	20268
never	21671	17.5	0	0.0	21671
I would rather not answer the question	11037	8.9	0	0.0	11037
Invalid	202	0.2	0	0.0	202

Q37 Men - Ability to Get Erection	Male	% of Male	Female	% of Female	Total
Missing/invalid	4063	3.3	143069	100.0	147132
Total	123779	100.0	143069	100.0	266848

Q38 Men - Ever had PSA Test	Male	% of Male	Female	% of Female	Total
No	33345	26.9	0	0.0	33345
Yes	87273	70.5	0	0.0	87273
Missing/invalid	3161	2.6	143069	100.0	146230
Total	123779	100.0	143069	100.0	266848

Q38 Men - Years Ago for PSA	Male	% of Male	Female	% of Female	Total
0	1620	1.3	0	0.0	1620
1	4785	3.9	0	0.0	4785
2	1538	1.2	0	0.0	1538
3-4	857	0.7	0	0.0	857
5+	1447	1.2	0	0.0	1447
Missing/invalid	113532	91.7	143069	100.0	256601
Total	123779	100.0	143069	100.0	266848

Q38 Men - Number of PSA Tests	Male	% of Male	Female	% of Female	Total
0	3020	2.4	0	0.0	3020
1	19449	15.7	0	0.0	19449
2-3	24389	19.7	0	0.0	24389
4-9	21491	17.4	0	0.0	21491
10+	13078	10.6	0	0.0	13078
Missing/invalid	42352	34.2	143069	100.0	185421
Total	123779	100.0	143069	100.0	266848

Q37 Women - Age at Menopause	Male	% of Male	Female	% of Female	Total
44 or younger	0	0.0	13853	9.7	13853
45-49	0	0.0	24068	16.8	24068
50-54	0	0.0	40448	28.3	40448
55+	0	0.0	13594	9.5	13594
Missing/invalid	123779	100.0	51106	35.7	174885
Total	123779	100.0	143069	100.0	266848

Q38 Women - Ever Had Mammogram	Male	% of Male	Female	% of Female	Total
No	0	0.0	14698	10.3	14698
Yes	0	0.0	125571	87.8	125571
Missing/invalid	123779	100.0	2800	2.0	126579
Total	123779	100.0	143069	100.0	266848

Q38 Women - Years Ago for Mammogram	Male	% of Male	Female	% of Female	Total
0	0	0.0	1563	1.1	1563
1	0	0.0	7829	5.5	7829
2	0	0.0	3882	2.7	3882
3-4	0	0.0	1570	1.1	1570
5+	0	0.0	2080	1.5	2080
Missing/invalid	123779	100.0	126145	88.2	249924
Total	123779	100.0	143069	100.0	266848

Q38 Women - Number of Mammograms	Male	% of Male	Female	% of Female	Total
0	0	0.0	824	0.6	824
1	0	0.0	11306	7.9	11306
2-3	0	0.0	22222	15.5	22222
4-9	0	0.0	53954	37.7	53954
10+	0	0.0	30093	21.0	30093
Missing/invalid	123779	100.0	24670	17.2	148449
Total	123779	100.0	143069	100.0	266848

Q39 - Ever Had Bowel Cancer Screening	Male	% of Male	Female	% of Female	Total
No	56065	45.3	73255	51.2	129320
Yes	64900	52.4	66305	46.3	131205
Missing/invalid	2814	2.3	3509	2.5	6323
Total	123779	100.0	143069	100.0	266848

Q39 - Years Ago for Bowel Cancer Screening Test	Male	% of Male	Female	% of Female	Total

Q39 - Years Ago for Bowel Cancer Screening Test	Male	% of Male	Female	% of Female	Total
0	574	0.5	512	0.4	1086
1	2576	2.1	2378	1.7	4954
2	1501	1.2	1442	1.0	2943
3-4	1345	1.1	1437	1.0	2782
5+	2216	1.8	2205	1.5	4421
Missing/invalid	115567	93.4	135095	94.4	250662
Total	123779	100.0	143069	100.0	266848

Q39 - Type of Bowel Cancer Screening Test	Male	% of Male	Female	% of Female	Total
FOBT	34982	28.3	31186	21.8	66168
Sigmoidoscopy	4681	3.8	4075	2.8	8756
Colonoscopy	40836	33.0	46295	32.4	87131

Q40 - Times Eat Red Meat/Week	Male	% of Male	Female	% of Female	Total
0	3271	2.6	6538	4.6	9809
1-2	29638	23.9	38884	27.2	68522
3-4	41577	33.6	51040	35.7	92617
5-6	17534	14.2	16802	11.7	34336
7+	11098	9.0	6428	4.5	17526
Missing/invalid	20661	16.7	23377	16.3	44038
Total	123779	100.0	143069	100.0	266848

Q40 - Times Eat Chicken/Week	Male	% of Male	Female	% of Female	Total
0	5130	4.1	6025	4.2	11155
1-2	61644	49.8	68649	48.0	130293
3-4	26860	21.7	35852	25.1	62712
5-6	4968	4.0	5711	4.0	10679
7+	2278	1.8	2085	1.5	4363
Missing/invalid	22899	18.5	24747	17.3	47646
Total	123779	100.0	143069	100.0	266848

Q40 - Times Eat Processed Meat/Week	Male	% of Male	Female	% of Female	Total
0	17931	14.5	36545	25.5	54476
1-2	63161	51.0	67709	47.3	130870

Q40 - Times Eat Processed Meat/Week	Male	% of Male	Female	% of Female	Total
3-4	16692	13.5	11087	7.7	27779
5-6	6248	5.0	3036	2.1	9284
7+	3410	2.8	1632	1.1	5042
Missing/invalid	16337	13.2	23060	16.1	39397
Total	123779	100.0	143069	100.0	266848

Q40 - Times Eat Fish or Seafood/Week	Male	% of Male	Female	% of Female	Total
0	8318	6.7	11010	7.7	19328
1-2	85872	69.4	94088	65.8	179960
3-4	17057	13.8	23088	16.1	40145
5-6	3628	2.9	5018	3.5	8646
7+	1921	1.6	2165	1.5	4086
Missing/invalid	6983	5.6	7700	5.4	14683
Total	123779	100.0	143069	100.0	266848

Q40 - Times Eat Cheese/Week	Male	% of Male	Female	% of Female	Total
0	9645	7.8	9471	6.6	19116
1-2	38425	31.0	41719	29.2	80144
3-4	33608	27.2	42492	29.7	76100
5-6	19098	15.4	23699	16.6	42797
7+	14185	11.5	17923	12.5	32108
Missing/invalid	8818	7.1	7765	5.4	16583
Total	123779	100.0	143069	100.0	266848

Q40 - Slices Brown Bread/Week	Male	% of Male	Female	% of Female	Total
0	17675	14.3	15270	10.7	32945
1-2	6520	5.3	9879	6.9	16399
3-4	7630	6.2	13188	9.2	20818
5-6	9218	7.4	14217	9.9	23435
7+	75509	61.0	83040	58.0	158549
Missing/invalid	7227	5.8	7475	5.2	14702
Total	123779	100.0	143069	100.0	266848

Q40 - Bowls Breakfast Cereal/Week	Male	% of Male	Female	% of Female	Total
0	18469	14.9	22282	15.6	40751
1-2	10606	8.6	13132	9.2	23738

Q40 - Bowls Breakfast Cereal/Week	Male	% of Male	Female	% of Female	Total
3-4	10970	8.9	15913	11.1	26883
5-6	19040	15.4	22324	15.6	41364
7+	56461	45.6	59127	41.3	115588
Missing/invalid	8233	6.7	10291	7.2	18524
Total	123779	100.0	143069	100.0	266848

Q41 - Type of Breakfast Cereal	Male	% of Male	Female	% of Female	Total
Bran cereal	23141	18.7	26575	18.6	49716
Biscuit cereal	43155	34.9	38576	27.0	81731
Oat cereal	30899	25.0	46966	32.8	77865
Muesli	28508	23.0	38299	26.8	66807
Other	22010	17.8	19764	13.8	41774

Q42 - Type of Milk	Male	% of Male	Female	% of Female	Total
Whole milk	46677	37.7	35976	25.1	82653
Reduced fat milk	42194	34.1	53497	37.4	95691
Skim milk	19982	16.1	37188	26.0	57170
Soy milk	8228	6.6	12884	9.0	21112
Other milk	2771	2.2	3608	2.5	6379
Don't drink milk	6507	5.3	7139	5.0	13646

Q43 - Serves Vegetables/Day	Male	% of Male	Female	% of Female	Total
0	5435	4.4	5001	3.5	10436
1	17683	14.3	7796	5.4	25479
2-3	55506	44.8	49700	34.7	105206
4-5	24899	20.1	43393	30.3	68292
6+	20256	16.4	37179	26.0	57435
Total	123779	100.0	143069	100.0	266848

Q43 - Don't Eat Vegetables	Male	% of Male	Female	% of Female	Total
No	122664	99.1	142196	99.4	264860
Yes	1098	0.9	867	0.6	1965
Missing/invalid	17	0.0	6	0.0	23
Total	123779	100.0	143069	100.0	266848

Q44 - Serves Fruit/Day	Male	% of Male	Female	% of Female	Total
0	12885	10.4	10532	7.4	23417
1	27751	22.4	25429	17.8	53180
2-3	64754	52.3	83645	58.5	148399
4-5	13852	11.2	19456	13.6	33308
6+	4537	3.7	4007	2.8	8544
Total	123779	100.0	143069	100.0	266848

Q44 - Don't Eat Fruit	Male	% of Male	Female	% of Female	Total
No	120373	97.2	140212	98.0	260585
Yes	3401	2.7	2849	2.0	6250
Missing/invalid	5	0.0	8	0.0	13
Total	123779	100.0	143069	100.0	266848

Q45 - Foods Never Eaten	Male	% of Male	Female	% of Female	Total
Red meat	5228	4.2	7359	5.1	12587
Chicken/poultry	4566	3.7	5029	3.5	9595
Pork	8038	6.5	13046	9.1	21084
Dairy	4125	3.3	4412	3.1	8537
Meat	2731	2.2	4142	2.9	6873
Eggs	4158	3.4	4224	3.0	8382
Sugar	18591	15.0	18623	13.0	37214
Wheat	3034	2.5	5636	3.9	8670
Fish	4226	3.4	5586	3.9	9812
Seafood	6216	5.0	10200	7.1	16416
Cream	23507	19.0	26118	18.3	49625
Cheese	5999	4.8	5566	3.9	11565

Q46 - Annual Household Income Before Tax	Male	% of Male	Female	% of Female	Total
less than $5,000 per year	1477	1.2	2697	1.9	4174
$5,000-$9,999 per year	4585	3.7	6156	4.3	10741
$10,000-$19,999 per year	17042	13.8	20572	14.4	37614
$20,000-$29,999 per year	12354	10.0	13208	9.2	25562
$30,000-$39,999 per year	10339	8.4	10765	7.5	21104
$40,000-$49,999 per year	9660	7.8	9598	6.7	19258
$50,000-$69,999 per year	14004	11.3	13837	9.7	27841
$70,000 or more per year	34297	27.7	28454	19.9	62751
I would rather not answer the question	15137	12.2	28730	20.1	43867

Q46 - Annual Household Income Before Tax	Male	% of Male	Female	% of Female	Total
Invalid	167	0.1	313	0.2	480
Missing/invalid	4717	3.8	8739	6.1	13456
Total	123779	100.0	143069	100.0	266848

Q47 - Current Work Status	Male	% of Male	Female	% of Female	Total
Full-time	35192	28.4	28327	19.8	63519
Part-time	8435	6.8	27076	18.9	35511
Fully retired	49296	39.8	53120	37.1	102416
Partly retired	8986	7.3	6163	4.3	15149
Disabled/sick	5732	4.6	5508	3.8	11240
Self employed	20539	16.6	12892	9.0	33431
Unpaid work	5749	4.6	9899	6.9	15648
Studying	1120	0.9	3026	2.1	4146
Home/Family Care	3723	3.0	23739	16.6	27462
Unemployed	2974	2.4	3782	2.6	6756
Other	1409	1.1	2823	2.0	4232

Q48 - Age Retired	Male	% of Male	Female	% of Female	Total
54 or younger	8502	6.9	18019	12.6	26521
55-59	15589	12.6	16729	11.7	32318
60-64	19816	16.0	18601	13.0	38417
65+	20369	16.5	9877	6.9	30246
Missing/invalid	59503	48.1	79843	55.8	139346
Total	123779	100.0	143069	100.0	266848

Q48 - Reasons for Retirement	Male	% of Male	Female	% of Female	Total
Reached usual retirement age	20113	16.2	18643	13.0	38756
Ill health	14366	11.6	10459	7.3	24825
Made redundant	9944	8.0	4570	3.2	14514
Lifestyle reasons	17272	14.0	19356	13.5	36628
Care for family/friend	2811	2.3	10409	7.3	13220
Could not find job	2911	2.4	2284	1.6	5195
Other	7255	5.9	10018	7.0	17273

Q49 - Hours/Week Doing Paid Work	Male	% of Male	Female	% of Female	Total

Q49 - Hours/Week Doing Paid Work	Male	% of Male	Female	% of Female	Total
0	45673	36.9	51824	36.2	97497
1-21	10149	8.2	18650	13.0	28799
22-35	8359	6.8	19434	13.6	27793
36-40	17386	14.0	16802	11.7	34188
40-59	18677	15.1	7713	5.4	26390
60+	6909	5.6	2444	1.7	9353
Missing/invalid	16626	13.4	26202	18.3	42828
Total	123779	100.0	143069	100.0	266848

Q49 - Hours/Week Doing Unpaid/Voluntary Work	Male	% of Male	Female	% of Female	Total
0	48606	39.3	51008	35.7	99614
1-3	8909	7.2	11544	8.1	20453
4-9	14948	12.1	20557	14.4	35505
10-40	12228	9.9	14048	9.8	26276
41+	989	0.8	1459	1.0	2448
Missing/invalid	38099	30.8	44453	31.1	82552
Total	123779	100.0	143069	100.0	266848

Q50 - Health Insurance	Male	% of Male	Female	% of Female	Total
Private with extras	60430	48.8	70382	49.2	130812
Private no extras	18155	14.7	20340	14.2	38495
Veterans card (white or gold)	4315	3.5	1989	1.4	6304
Health care concession card	32845	26.5	40878	28.6	73723
None of above	18870	15.2	21814	15.2	40684

Q51 - Colour of Skin on Inside of Upper Arm	Male	% of Male	Female	% of Female	Total
very fair	16990	13.7	24502	17.1	41492
fair	69652	56.3	76207	53.3	145859
light olive	29804	24.1	36781	25.7	66585
dark olive	2282	1.8	1898	1.3	4180
brown	3281	2.7	1861	1.3	5142
black	71	0.1	39	0.0	110
Invalid	409	0.3	440	0.3	849
Missing/invalid	1290	1.0	1341	0.9	2631
Total	123779	100.0	143069	100.0	266848

Q52 - Tanning with Repeated Sun Exposure	Male	% of Male	Female	% of Female	Total
Get very tanned	39000	31.5	32501	22.7	71501
Get moderately tanned	52229	42.2	53553	37.4	105782
Get mildly or occasionally tanned	22197	17.9	35692	24.9	57889
Never tan only get freckled	7948	6.4	17843	12.5	25791
Invalid	279	0.2	670	0.5	949
Missing/invalid	2126	1.7	2810	2.0	4936
Total	123779	100.0	143069	100.0	266848

Q53 - Hours/Day Outdoors on Weekday	Male	% of Male	Female	% of Female	Total
0	5631	4.5	11726	8.2	17357
1	20923	16.9	39058	27.3	59981
2	23653	19.1	36621	25.6	60274
3-4	28468	23.0	29344	20.5	57812
5-10	29160	23.6	14152	9.9	43312
10+	13356	10.8	6808	4.8	20164
Missing/invalid	2588	2.1	5360	3.7	7948
Total	123779	100.0	143069	100.0	266848

Q53 - Hours/Day Outdoors on Weekend	Male	% of Male	Female	% of Female	Total
0	1846	1.5	4832	3.4	6678
1	6540	5.3	15550	10.9	22090
2	14755	11.9	29262	20.5	44017
3-4	33203	26.8	45104	31.5	78307
5-10	46728	37.8	32986	23.1	79714
10+	16724	13.5	8791	6.1	25515
Missing/invalid	3983	3.2	6544	4.6	10527
Total	123779	100.0	143069	100.0	266848

Q54 - Hours/Day Sleeping	Male	% of Male	Female	% of Female	Total
5 or fewer	3965	3.2	5685	4.0	9650
6	14280	11.5	17232	12.0	31512
7	28833	23.3	32440	22.7	61273

Q54 - Hours/Day Sleeping	Male	% of Male	Female	% of Female	Total
8	47697	38.5	57440	40.1	105137
9	14535	11.7	16371	11.4	30906
10+	12039	9.7	10872	7.6	22911
Missing/invalid	2430	2.0	3029	2.1	5459
Total	123779	100.0	143069	100.0	266848

Q54 - Hours/Day Sitting	Male	% of Male	Female	% of Female	Total
2 or fewer	15816	12.8	21104	14.8	36920
3-4	32182	26.0	39363	27.5	71545
5-7	35349	28.6	40827	28.5	76176
8-11	24278	19.6	23568	16.5	47846
12+	8988	7.3	7621	5.3	16609
Missing/invalid	7166	5.8	10586	7.4	17752
Total	123779	100.0	143069	100.0	266848

Q54 - Hours/Day Watching TV/Using Computer	Male	% of Male	Female	% of Female	Total
2 or fewer	29396	23.7	35715	25.0	65111
3-4	50627	40.9	58219	40.7	108846
5-7	24828	20.1	27757	19.4	52585
8-11	11660	9.4	12958	9.1	24618
12+	3659	3.0	3983	2.8	7642
Missing/invalid	3609	2.9	4437	3.1	8046
Total	123779	100.0	143069	100.0	266848

Q54 - Hours/Day Standing	Male	% of Male	Female	% of Female	Total
0	5078	4.1	5994	4.2	11072
1-2	32303	26.1	34349	24.0	66652
3-4	24683	19.9	28337	19.8	53020
5-7	23562	19.0	27063	18.9	50625
8-10	19342	15.6	21009	14.7	40351
11+	6893	5.6	9387	6.6	16280
Missing/invalid	11918	9.6	16930	11.8	28848
Total	123779	100.0	143069	100.0	266848

Q55 - Times/Week Spent Time with Friends/Family	Male	% of Male	Female	% of Female	Total
0	15274	12.3	11545	8.1	26819
1	14121	11.4	13153	9.2	27274
2	22331	18.0	23511	16.4	45842
3	16893	13.6	22310	15.6	39203
4-5	23386	18.9	31768	22.2	55154
6-9	16657	13.5	23215	16.2	39872
10+	11441	9.2	13692	9.6	25133
Missing/invalid	3676	3.0	3875	2.7	7551
Total	123779	100.0	143069	100.0	266848

Q55 - Times/Week Talked on Telephone to Friends/Family	Male	% of Male	Female	% of Female	Total
0	8456	6.8	3623	2.5	12079
1-2	34486	27.9	26333	18.4	60819
3-4	26823	21.7	32485	22.7	59308
5-7	22936	18.5	36141	25.3	59077
8-14	16290	13.2	27443	19.2	43733
15+	11035	8.9	13802	9.6	24837
Missing/invalid	3753	3.0	3242	2.3	6995
Total	123779	100.0	143069	100.0	266848

Q55 - Times/Week Went to Meetings	Male	% of Male	Female	% of Female	Total
0	53649	43.3	56471	39.5	110120
1	23152	18.7	27010	18.9	50162
2	18175	14.7	22867	16.0	41042
3-7	19307	15.6	26212	18.3	45519
8+	2944	2.4	3059	2.1	6003
Missing/invalid	6552	5.3	7450	5.2	14002
Total	123779	100.0	143069	100.0	266848

Q56 - Number of People Can Depend On	Male	% of Male	Female	% of Female	Total
0	9234	7.5	7609	5.3	16843
1-2	21458	17.3	25811	18.0	47269
3-4	22888	18.5	32499	22.7	55387
5-6	20505	16.6	27310	19.1	47815
7-10	23251	18.8	26818	18.7	50069

Q56 - Number of People Can Depend On	Male	% of Male	Female	% of Female	Total
11+	21074	17.0	17400	12.2	38474
Missing/invalid	5369	4.3	5622	3.9	10991
Total	123779	100.0	143069	100.0	266848

Q57 - Felt in Last 4 Weeks	None of time	None of time %	Little /some	Little /some %	Most /all	Most /all %
Tired out for no good reason	98019	38.4	138430	54.3	18280	7.2
Nervous	146980	60.8	88461	36.6	5987	2.5
So nervous couldn't calm down	221390	92.8	15082	6.3	1901	0.8
Hopeless	200932	83.8	34094	14.2	4297	1.8
Restless or fidgety	147392	61.1	88391	36.6	5217	2.2
So restless couldn't sit still	207116	86.7	28630	12.0	2923	1.2
Depressed	167103	68.7	68194	28.0	7435	3.1
So sad/depressed couldn't cheer up	206141	85.8	30022	12.5	3807	1.6
Everything was an effort	147800	60.8	84227	34.6	10886	4.5
Worthless	206007	85.9	28411	11.8	5382	2.2

Q58 - Emotional Problems Causing Problems (last 4 weeks)	Male	% of Male	Female	% of Female	Total
Cut down on time spent on work/other activities	12581	10.8	15667	11.8	28248
Achieved less than would have liked	33845	28.8	39841	29.5	73686
Did work/ other activities less carefully	13575	11.7	18136	13.7	31711