

## Who is conducting the SEEF Project?

The SEEF Project is led by Professor Adrian Bauman from the School of Public Health, University of Sydney.

To ensure participant confidentiality, the 45 and Up Study Coordinating Centre at the Sax Institute is inviting 45 and Up Study participants to take part in the SEEF Project.

## What does the SEEF Project involve?

If you choose to take part in the SEEF Project, we ask you to complete the questionnaire enclosed with this information leaflet and return it to the 45 and Up Study Coordinating Centre in the reply paid envelope provided for your convenience.

The questionnaire asks about you, your health, and the social, economic and environmental factors that impact on healthy ageing.

We also ask you to give permission for us to link information we collect from you in the SEEF Project with information you have already provided to the 45 and Up Study.

## How much time will my participation take?

The questionnaire will take about 40 minutes to complete.

## How will my information be used?

All information collected will be treated completely confidentially and used for health research only. Your information may be used within health research for approved research projects to investigate factors affecting the health of Australians in mid to later life. All research projects must demonstrate that they are in the public interest and have the potential to provide important information to improve health.

The information collected in the SEEF Project will be linked to the health information you have already given to the 45 and Up Study and to information from your health and other records that you allowed the 45 and Up Study to access. These include NSW hospital records, cancer records, Medicare and other records (call **1300 45 11 45** or see **www.45andUp.org.au** for more information).

## How do I know my information will be treated confidentially?

The 45 and Up Study is bound by Commonwealth and State privacy legislation and guidelines, including the Health Records and Information Privacy Act and the NSW Health Privacy Manual. The 45 and Up Study also has strict procedures and systems to safeguard confidentiality.

Your identifying details (such as name and address) will be removed from the information you give to the SEEF Project as soon as possible and stored separately. De-identified data will be stored at the University of Sydney and destroyed 7 years after the research is complete. No information will be released in a way that would allow an individual or household to be identified, except as is compelled by law.

The conduct of the 45 and Up Study is overseen by the University of NSW Human Research Ethics Committee and the conduct of the SEEF Project is overseen by the University of Sydney Ethics Administration.

By agreeing to be a part of the SEEF Project, you agree to the 45 and Up Study providing your completed questionnaire to the SEEF researchers.

## How will the SEEF Project benefit me?

The SEEF Project aims to identify how social, economic and environmental factors influence the health and wellbeing of our population in mid to later life.

## Will anyone else know the results?

All information provided by participants in the SEEF Project will be kept strictly confidential. The results from the SEEF Project will be published in scientific journals and presented at scientific meetings. We will also include the results on the 45 and Up Study website ([www.45andUp.org.au](http://www.45andUp.org.au)). The results of this project will also be included in the 45 and Up Study's participant newsletter.

All results will only be presented in a combined and de-identified format and will not be linked to any individual.

## Can I tell other people about the 45 and Up Study and the SEEF Project?

Yes. Please note, however, that the 45 and Up Study is no longer accepting new participants and that offers to participate in the SEEF Project have been sent to randomly selected 45 and Up Study participants only.

## What if I don't want to take part?

Participation in the SEEF Project is entirely your choice. If you do not wish to participate, you need take no further action.

## Can I withdraw from the SEEF Project?

Your participation in the SEEF Project is completely voluntary. You are not obliged to take part and, if you do take part, you can withdraw at any time by calling the 45 and Up Study Helpline on **1300 45 11 45**. You can withdraw from the SEEF Project and still remain in the 45 and Up Study.

## What is the SEEF Project?

The SEEF Project is for participants in the 45 and Up Study. SEEF stands for Social, Economic and Environmental Factors.

It aims to identify how these factors influence the health and wellbeing of our population in mid to later life.

**The SEEF Project is funded by a National Health and Medical Research Council Preventive Healthcare and Strengthening Australia's Social and Economic Fabric Strategic Award.**

The 45 and Up Study is managed by

 the  
**sax**institute

In partnership with



**NSW HEALTH**



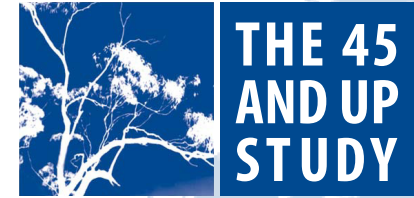
## How can I get more information?

If you would like to know more about the SEEF Project or the 45 and Up Study please visit our website, [www.45andup.org.au](http://www.45andup.org.au) or you can call the 45 and Up Study Helpline on **1300 45 11 45**.

You can also write to:  
Professor Emily Banks  
Scientific Director  
The 45 and Up Study  
GPO Box 5289  
Sydney NSW 2001

If you have a concern or complaint about the conduct of the 45 and Up Study, you can contact:  
Ethics Secretariat  
The University of NSW  
Sydney NSW 2052  
Tel: (02) 9385 4234  
Email: [ethics.sec@unsw.edu.au](mailto:ethics.sec@unsw.edu.au)

If you have a concern or complaint about the conduct of the SEEF Project, you can contact:  
The Deputy Manager  
Ethics Administration  
University of Sydney NSW 2006  
Tel: (02) 8627 8176  
Fax: (02) 8627 8177  
Email: [ro.humanethics@sydney.edu.au](mailto:ro.humanethics@sydney.edu.au)



Research to improve health and wellbeing

## The SEEF Project Information for Participants



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**SYDNEY**